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Sub. Biology

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Based on NCERT patterns

1. State any two conditions essential for good health.

Good economic condition and earnings

Social environment.

2. State any two conditions essential for being free of disease.

Living in a healthy and hygienic environment.

Get vaccination against infectious disease whenever required.

3. Are the answers to the above questions necessarily the same or different? Why? Solution:

The answers to the above questions are different because a person may be free of disease but not be good mentally, socially, and economically.

4. List any three reasons why you would think that you are sick and ought to see a doctor. If only one of these symptoms were present, would you still go to the doctor? Why or why not?

(a). Headache, fever

(b). Muscle pain

(c). Dysentery

Usually, we do not visit a doctor if any one of the symptoms is observed as it does not affect the general health the ability to work.

But, if these symptoms are seen for a long period of time then we should consult a doctor for proper treatment.

5. In which of the following case do you think the long-term effects on your health are likely to be most unpleasant? if you get jaundice if you get lice if you get acne. Why?

Jaundice causes a long term effect on our health. This chronic disease lasts for a long period of time. Jaundice develops slowly and does not spread rapidly.